2023 MHSAA Middle School Track & Field Classic

Sponsor: Mississippi High School Activities Association

Meet Date: Thursday, April 6 (week prior MHSAA Division Meets)

Meet Schedule: 11:00 a.m. - Field Events 2:00 p.m. - Track Events

Eligibility: This meet is open to MHSAA 7th & 8th grade middle/junior high school athletes. **ONLY** athletes that have competed in middle school/junior high races are eligible. Athletes that have competed on a Varsity Squad during the 2022 or 2023 season, are **NOT** Eligible to participate in this meet!

Events (Qualifying Standard)**:**

Girls Long Jump (14' 0")
Boys Long Jump (17' 6")
Girls High Jump (4' 6")
Boys High Jump (5' 2")
Girls 4k Shot (24' 6")
Boys 4k Shot (35' 6")
Girls 1k Discus (58' 0")
Boys 1k Discus (92' 0")
Girls Triple Jump (25' 6")
Boys Triple Jump (30' 6")
Girls Pole Vault (6' 0")
Boys Pole Vault (7' 0")
Girls 4 x 800 Meter Relay (15:00.00)
Boys 4 x 800 Meter Relay (12:00.00)
Girls 3200 Meter Run (17:30.00)
Boys 3200 Meter Run (13:30.00)
Girls 30" 100 Meter Hurdles (19.20) (2 Heats)
Boys 33" 110 Meter Hurdles (19.00) (2 Heats)

Girls 100 Meter Dash (13.50) (2 Heats)
Boys 100 Meter Dash (12.20) (2 Heats)
Girls 4 x 200 Meter Relay (2:01.00) (2 Heats)
Boys 4 x 200 Meter Relay (1:44.00) (2 Heats)
Girls 1600 Meter Run (6:42.00)
Boys 1600 Meter Run (5:45.00)
Girls 4 x 100 Meter Relay (56.50) (2 Heats)
Boys 4 x 100 Meter Relay (50.00) (2 Heats)
Girls 400 Meter Dash (1:10.00) (2 Heats)
Boys 400 Meter Dash (1:00.00) (2 Heats)
Girls 30" 300 Meter Hurdles (1:01.00) (2 Heats)
Boys 30" 300 Meter Hurdles (50.00) (2 Heats)
Girls 800 Meter Run (2:55.00) (2 Heats)
Boys 800 Meter Run (2:30.00) (2 Heats)
Girls 200 Meter Dash (29.00) (2 Heats)
Boys 200 Meter Dash (25.20) (2 Heats)
Girls 4 x 400 Meter Relay (5:12.00) (2 Heats)
Boys 4 x 400 Meter Relay (4:20.00) (2 Heats)

All events will be finals against time!

Participation: All middles school athletes that meet the minimum qualifying standards may enter. From the entries, the top 16 individuals and relay teams in each event will be selected to compete. Selections will be based on ***MS.MileSplit*** rankings. **ONLY FULLY AUTOMATIC TIMES (FAT) WILL BE ACCEPTED, NO HAND TIMES WILL BE CONSIDERED!!!** Athletes **MUST** represent their schools and be entered by the coach of their respective schools, **NO UNATTACHED ATHLETES**!!! An athlete may participate in a maximum of four (4) events including relays! Only two individuals and one relay from each school may participate!

Entries: Coaches that have athletes/relay teams that meet the eligibility and qualifying standards, and wish to be considered to participate, **MUST** enter online at ***http://ms.milesplit.com*** by Friday, March 31, midnight. Individuals and relay teams selected to compete will be posted on *MS.MileSplit* Monday morning, April 3.

Awards: Classic Championship Team Trophy to winning teams and Medals to the top 3 in each event

Entry Fees: $10.00 per athlete (unlimited events) and $15.00 for each relay team.

Make Checks Payable to: MHSAA - **DO NOT MAIL ENTRY FEES, BRING TO THE MEET!**

Meet Admission: $10.00 MHSAA State Passes will be honored!

For Further Info: E-mail wbarnett@misshsaa.com or go to http://ms.milesplit.com